

YES! (Youth Emotional Stability) In Rock County

www.yesrockcounty.com

Presents:

The 9th Annual Supporting Children and Youth Who Struggle Summit Awareness to Action

Friday, February 10, 2017

Beloit Memorial High School, 1225 4th Street, Beloit, WI

Time Schedule:

7:30-8:00	<i>Registration</i>
8:00-9:30	<i>Keynote Speaker</i>
9:30-9:45	<i>Break/Information Fair</i>
9:45-11:30	<i>Morning Breakout Sessions</i>
11:30-12:30	<i>Lunch/Information Fair</i>
12:30-3:30	<i>Afternoon Session Tracks</i>

Online Registration Fee: \$40

Registration Fee at the door: \$50

Student Fee: \$20

All registration fees include lunch.

Scholarships are available courtesy of the Children's Hospital of Wisconsin. They can be requested when registering.

To Register: www.yessummit2017.ezregister.com

Payment Options: Credit Card, Check, Money Order, Purchase Order or Cash.

If paying by check, make check payable to: RWCFS, Inc.

Mail to RWCFS, Inc 1221 Henry Ave., Beloit, WI 53511.

Please include registrant's name with the check.

Keynote Session: 8:00-9:30

Auditorium



Trauma and Recovery

People who have experienced extended trauma often have difficulty emerging from the challenges and finding hope. Tonier Cain emerged from 20 years of living on the streets, years marked by desperation, periods of incarceration and frequent mental health crises. She will describe how she found hope and the strength to become a consumer advocate, film producer, motivational speaker and executive of several nonprofits.

Presenter: Tonier Cain, Founder and CEO of Healing Neen Inc., Founder and Co-CEO of MET-R Integrated Health, author, subject and co-producer of "Healing Neen"

A. R.I.C.H. Approach to Trauma and Recovery – Auditorium

The R.I.C.H. Approach workshop will educate providers on how to engage with trauma survivors using trauma informed practices. The R.I.C.H. Approach is Respect, Individuality, Connection and Hope, helping them to feel safe so they may begin to heal from past trauma experiences as well as learning to understand how the survivors cope.

Presenter: Tonier Cain, Founder and CEO of Healing Neen Inc., Founder and Co-CEO of MET-R Integrated Health, author, subject and co-producer of “Healing Neen”

B. AIU (Accept, Include, & Understand Me) – Youth Voice – Little Theater

This session is about student voice. After a short introduction sharing the journey of the AIU group at Beloit Memorial High School, there will be a youth panel discussion regarding issues youth think about, worry about, and want to address.

Presenter: Beloit Memorial High School AIU (Accept, Include, & Understand Me) Students

C. Creating Gender Inclusive Schools – Room D115

Transgender and gender expansive youth are at risk for violence and rejection at both school and home, leading to significant physical, mental, and academic disparities. Gender inclusive schools are schools that support all students, including transgender and gender expansive youth. This workshop will provide participants with an opportunity to gain an understanding of the complex dimensions of gender, including key terminology and concepts related to gender inclusive practices and strategies that individuals and school can implement immediately and on a day-to-day basis.

Presenter: Brian Juchems, Senior Director of Education and Policy GSAFE

D. Understanding Mindfulness: Applying mindfulness to your working relationships – Room E104

People who work in helping professions are vulnerable to stress and burnout. This workshop will focus on the definition of mindfulness, basic research of its usefulness, and application of mindfulness to working life with consumers, co-workers and family. The workshop presenter will use lecture, discussion and actual practice with mindfulness to facilitate learning.

Presenter: Mare Chapman, Psychotherapist and Mindfulness Teacher

E. Local Data for Local Solutions – Room D113

Middle and high school students throughout Rock County participated in the Youth Risk Behavior Survey in 2016. This session will review what that data tells us regarding substance abuse and mental health issues and explores how communities can (and do) address the uncovered issues.

Presenter: Sarah Johnson, Prevention Specialist & Director of Janesville Mobilizing 4 Change

F. Brain Architecture Game: An Interactive Learning Experience – E105

The Brain Architecture Game is a tabletop interactive activity that builds understanding of the powerful role of experience on early brain development – what promotes it, what derails it, and the consequences for the child and society. The game is a 75-90 minute activity for 4-6 people/group using simple materials to “build” a sturdy or fragile foundation for the brain, depending on what cards (“childhood experiences”) are dealt. The activity encourages discussion within and between groups.

Presenters: YES! in Rock County members

G. Building Healthy Communities, Social Capital, Repairing Harm and Restoring Relationships through Restorative Practices – *Library*

Join us to learn about our implementation of Restorative Practices in the School District of Beloit, including community circles, problem solving and prevention, and conflict resolution through circles. We will share our experiences with training staff and ongoing professional development as well as giving you time to practice!

Presenters: David Wilson, CLC Coordinator and Jen Paepke (Director of Student Engagement), School District of Beloit

H. “Resilience” Movie View and Café Discussion – *Auditorium and Cafeteria*

Researchers have recently discovered a dangerous biological syndrome caused by abuse and neglect during childhood. As the new documentary *Resilience* reveals, TOXIC STRESS can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time and early death. While the broader impacts of poverty worsen the risk, no segment of society is immune. *Resilience*, however, also chronicles the dawn of a movement that is determined to fight back. Trailblazers in pediatrics, education and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress – and the dark legacy of a childhood that no child would choose. Following the movie, small group discussions will engage participants in the key message of the film and the role we play in promoting resilience in our families and communities.

Discussion Leaders: Mary Robbins-Burke, Coordinator of Special Education, School District of Janesville, Becky Huber, Juvenile Justice Case Manager, Rock County, and Katie Clarquist, Student Services Specialist for the School District of Janesville

I. Seven Essential Ingredients in Becoming a Trauma-Informed Community – *Little Theater*

With emerging awareness of trauma’s impact on children and adults in communities, it becomes more important to understand how to embed trauma-informed principles into decision we make. This workshop will present, through lecture and discussion, 7 essential ingredients, including the scope and impact of trauma, methods of dealing with trauma, and caregivers response, including caring for self.

Presenter: Michael Jornager, LCSW and Staff Development Coordinator, St. Amelians

**If you would like to display information about your program at the Information Fair, please contact Carol Mishler or Eve Smith at 608-299-1500
cmishler@cfsheadstart.org esmith@cfsheadstart.org**

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Kids deserve the best.

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Presenter Information:

Tonier Cain: Tonier is a former team leader for the National Center for Trauma-Informed Care, with the National Association of State Mental Health Program Directors, a consumer advocate who speaks all over the world on trauma, incarceration, and recovery and the CEO and founder of Healing Neen, Inc. She has been featured in the documentary "Behind Closed Doors: Trauma Survivors and the Psychiatric System" and was the subject and co-producer of "Healing Neen," a documentary distributed on five continents based on her life as she moved through multiple systems of care. Tonier is also the founder and President of Need Cares, Inc. and the founder and Co-CEO of MET-R Integrated Health.

Mare Chapman: Mare is a Master's level psychotherapist in private practice in Madison, Wisconsin. She offers counseling through a mindfulness lens as well as classes in mindfulness. She is an instructor in the Capstone Program in Infant Mental Health through UW-Madison.

Katie Clarquist: Katie is a Student Services Specialist at Franklin Middle School in the School District of Janesville. Before getting a Masters in School Counseling, Katie was a Special Education teacher for students with Emotional Behavioral Disabilities. She has been a member of YES! in Rock County for two years and has served on the Executive Committee Board for one year.

Becky Huber: Becky has been a Juvenile Justice Specialist for 19 years at Rock County Human Services. She has been providing direct case management to families and youth in Rock County communities. Becky is trained in and practices Functional Family Case Management (FFCM) and has been utilizing the evidence based approach, including Trauma Informed Care. She has volunteered and served on numerous county and community committees and initiatives throughout the years--most recently the Statewide Trauma Informed Care Initiative and YES! in Rock County.

Sarah Johnson: Sarah is a state certified Prevention Specialist and the Director of Janesville Mobilizing 4 Change. With an education focused on psychology, she has worked in substance abuse for over a decade – from treatment to prevention. Sarah oversees multiple grants focused on reducing middle/high school substance abuse, reducing underage drinking among the LGBTQ population, providing Youth Mental Health First Aid and improving mental wellness, increasing safe medication use and disposal, and providing staff support to the Rock County Rx Drug Abuse & Heroin Task Force and Rock County Prevention Network.

Michael Jornager: Mr. Jornager, LCSW, is the staff development coordinator at St. Amelians. He has over 30 years experience in child welfare in a variety of settings, including residential care, foster care case management, foster care licensing and placement, foster parent education, as well as agency-wide staff development. He specializes in bringing St. A's Trauma Informed Care to a wider audience.

Brian Juchems: Brian is the Senior Director of Education and Policy for GSAFE. He has been at the forefront of fostering safe schools in Wisconsin for lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) youth since 1998. In 2002, Brian formally joined GSAFE's staff and has served as lead trainer, where he has regularly provided engaging professional development for thousands of K-12 educators with an approachable and playful Midwest sensibility. A frequent partner of Wisconsin's Department of Public Instruction, Brian co-designed, facilitated, and continues to provide ongoing support to professional learning communities in the Green Bay, Milwaukee, Racine, and Beloit school districts.

Jen Paepke: Jen is the Director of Student Engagement for the School District of Beloit. Partnering with David Wilson, Jen provides ongoing professional development and training in Restorative Practices and Culturally Responsive Practices. They are committed to partnerships throughout the community of Beloit to serve the students and families of the Beloit community. Jen and David are passionate in their belief that serving all students means reaching EVERY child.

Mary Robbins-Burke: Mary serves as the Coordinator of Special Education for the School District of Janesville. She previously worked with the Fort Atkinson School District (2 years), School District of Beloit (17 years), and Rock County Human Services Department (5 years). Mary holds a B.S. in Social Work from UW-Whitewater, a M.S.S.W. in School Social Work from UW-Madison, Special Education certification obtained in the areas of Cross Categorical and Emotional Behavioral Disabilities from St Mary's University-Minnesota, and a M.S.E. from National Louis in Administration and Pupil Services.

David Wilson: David serves as the CLC Coordinator for the School District of Beloit. Partnering with Jen Paepke, David provides ongoing professional development and training in Restorative Practices and Culturally Responsive Practices. They are committed to partnerships throughout the community of Beloit to serve the students and families of the Beloit community. Jen and David are passionate in their belief that serving all students means reaching EVERY child.