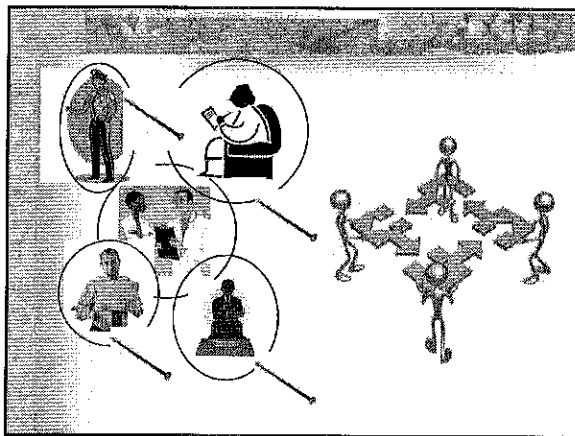
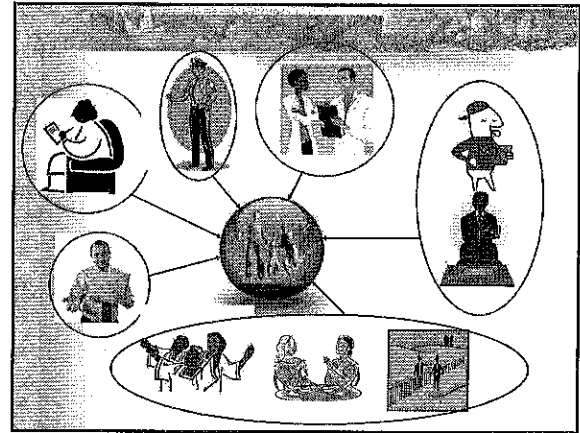
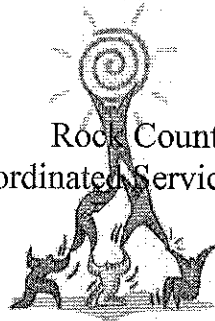


## Rock County Coordinated Services Team



### What is Different?

#### Then

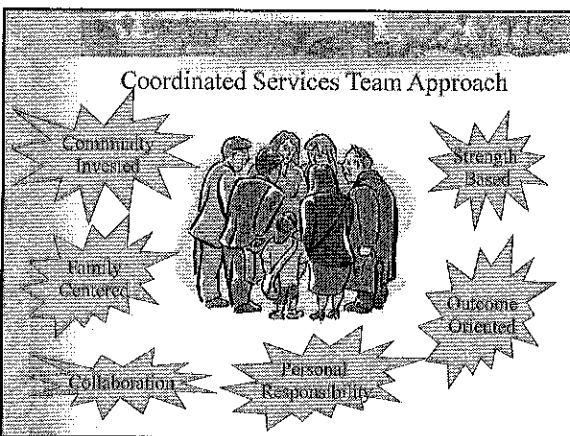
- Each provider and the family operates separately
- Families are told what they need to do
- Operate crisis to crisis

#### Now

- Barriers are removed so services are congruent and everyone communicates
- Family is empowered to voice their needs
- CST is family centered with the future in mind

Services and strategies don't work if the child and family are not invested in their success.

### Coordinated Services Team Approach



### Values of CST

#### ■ Voice

Parents should feel they have a voice in the decisions that are made about their child and family.

#### ■ Access

The child and parent have access to the services they need.

#### ■ Ownership

The parent agrees with and is committed to the plans concerning their child and family.

## The CST Process

- Referral
- Intake
- Assessment
- Planning
- Behavior Response Plan
- Monitoring
- Transition
- Closure

## Referral

-Referrals can be submitted by anyone

(i.e. schools, counselors, parents, family members, child protective services, juvenile justice, diversion programs)

-Referrals should be filled out with the parent/caregiver and submitted to the Rock County CST Program

## Intake

-If the child is found eligible for CST the referent and the parent/caregiver are contacted and informed

-If the child is ineligible the parent/caregiver is informed and given reasons for the screen out

-A meeting is set up with the parent/caregiver to meet with the CST Facilitator to get an overview of the CST program/process and complete the financial paperwork

## Assessment

-The Child/Adolescent Needs & Strengths (CANS) Assessment is completed with the family.

-Needs are prioritized by the family.

## Planning

-Identify & contact prospective team members

-1<sup>st</sup> Team Meeting is held

-Team Members create the Plan of Care

-Team meets frequently during this phase

-Team discusses need for a Behavior Response Plan

## Behavior Response Plan

-Not a Crisis Plan

-Identifies anticipated struggles & plans for what family and team members can do to prevent a crisis

-Will be distributed to everyone involved in the plan, including informal and formal supports

-Is reviewed and modified as often as necessary

## Monitoring

- Implement the Plan of Care, monitor and track progress
- Ongoing team meetings and planning
- Team meets less frequently
- Child & Family are learning new approaches
- Child & Family are finding/strengthening community supports

## Transition

- Family has knowledge, access & voice in decisions
- Team will develop a transition plan

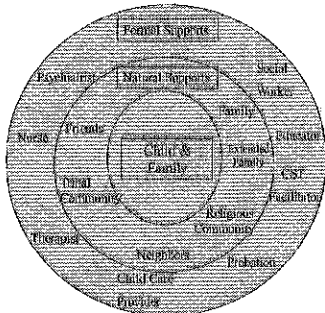
## Closure

- Formal team meetings end
- Family uses community supports when needed
- Family is encouraged to become peer supports & committee members

## Expectations of a Team Member

- Chosen by family
- Everyone is equal and everyone has a voice
- Attendance is crucial
- Come to team meetings prepared
- Bring concerns to the table, contribute ideas, express opinions respectfully
- Listen with an open mind
- Commit to the action plan and follow through on assigned tasks
- Help the group stay on task

## Creating a Team



## Advantages of the CST Approach

- Families work hard with providers to make their plan a success.
- Service providers are relieved of responsibility for every detail of the plan.
- Service provider burnout is reduced.
- Service provider creativity and flexibility is increased.
- Work is more rewarding when goals are shared.
- Resources for the family are increased.
- Formal contact with the family is decreased.
- Burden on the family is reduced.
- Team can handle problems before the crisis occurs.
- Children stay in their homes & communities

## Eligibility

**\*\*To be accepted into the program families must meet all of the criteria.\*\***

- Child is involved in two or more direct services (examples include: mental health, special education, juvenile justice, child protective services, drug and alcohol treatment)
- Child is at risk for out of home placement or placed outside of home with date of return in 90 days or less
- Other interventions have been tried and unsuccessful, barriers exist to accessing services, and/or there is a need for service coordination.
- Parents are willing to be involved in the CST process.

## Contact Information FAX: 608-758-8425

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