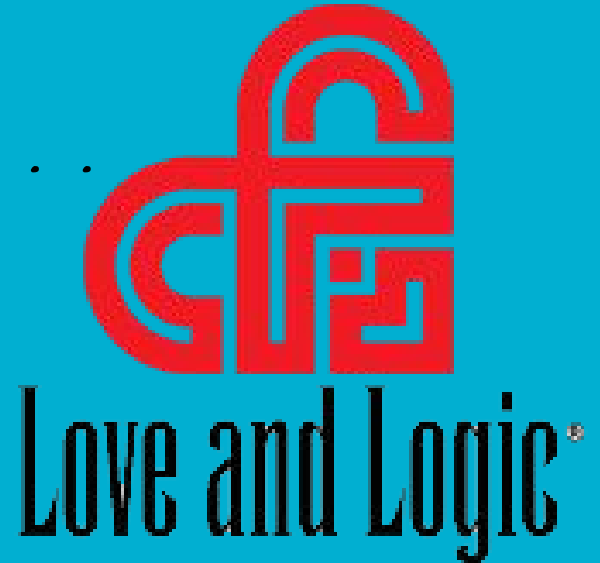


# CONCEPTS OF LOVE AND LOGIC

Spinning your words into GOLD  
by Katie Smullen & Robin Stuht

# OVERVIEW

- I. Our Background
- II. Come to the Center If . . .
- III. Love and Logic Basics
- IV. Practice!
- V. Questions & Ideas





# OUR BACKGROUND



Robin Stuht has been working with youth for over 20 years. She has a Masters in Educational counseling and is licensed as a Professional counselor. Robin has been working in the School District of Beloit for 10 years as a counselor and the last 6 years as a Homeless Liaison.

Katie Smullen has served as a teacher, administrator and is currently the Graduation Coach for the high school students of the School District of Beloit who are unaccompanied. She has a Masters in Educational Leadership and Policy Analysis and has been working with youth for 17 years.

COME TO THE CENTER IF . . .



# LOVE AND LOGIC BASICS



1. Build the Self Concept
2. Share the Control
3. Share the Thinking
4. Offer Empathy, Then Consequences

Remember: everyone in the classroom has a story that leads to misbehavior or defiance. 9 times out of 10, the story behind the misbehavior won't make you angry. It will break your heart.

– Annette Breaux

# 1. BUILD THE SELF CONCEPT

- Responsible Children/Teens Feel Good About Themselves
- Let's help our children become aware of their strengths & build from there!
- How can we imply to our children, that we know they are going to handle whatever life throws at them?

## 2. SHARE THE CONTROL

### Responsibility is Caught, Not Taught

If children never have the opportunity to make decisions and own consequences before, it really doesn't matter what they learned in Driver's Ed or Health class because they never learned responsibility.

Give an example of a decision you can share with/or hand over to your child to help teach responsibility.



I really want my child to  
be an independent &  
headstrong person.

Just not with me.

Single Dad  
Laughing

# OWNING PROBLEMS & SOLUTIONS

When the adult rushes in like Wonder Woman, what happens?



# ROLE PLAYING I

Person 1: Adult

Person 2: Child

Choose one scenario with your partner:

A: Your client is consistently late

B: Your students will not quiet down

C: Your teen will not obey curfew

D: Your child throws a tantrum because you didn't buy him a treat



Should Love and Logic be used in  
every instance?

Shred, and Mangle! Modern Family

# NEUTRALIZING ARGUING KEEPS THE FOCUS ON THEM

"So, what did I say?"

"I love you too much to argue about that"

"What a bummer"

"Oh No. I bet that feels terrible"

## ROLE PLAYING 2

A: Your client is on her cell phone during your meeting, after you've already asked her to put it away

B: Your students are not completing their homework

C: Your teen will not keep his room clean

D: Your child refuses to clean up her toys

# 3. SHARE THE THINKING

What we will allow.

What we will do.

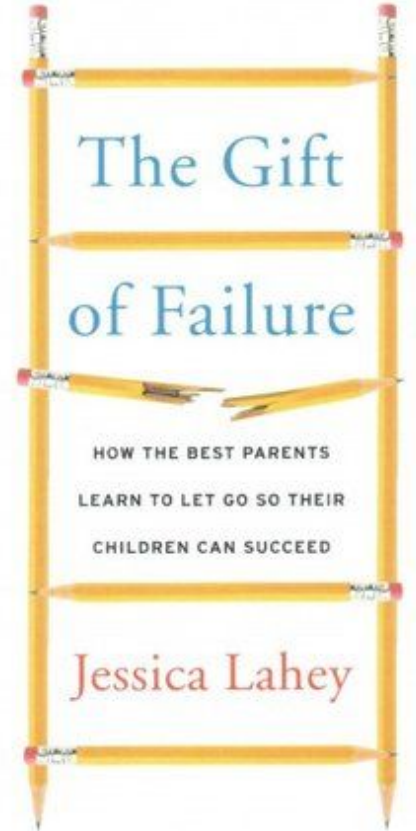
What we will provide.

And the child does the thinking.

# Jim Fay is not Alone! More Resources:

BREAK FREE OF THE  
**HOW TO**  
OVERPARENTING TRAP  
**RAISE**  
AND PREPARE YOUR  
**AN ADULT**  
KID FOR SUCCESS  
JULIE LYTHCOTT-HAIMS

A word from Julie  
Lythcott-Haims



The Gift  
of Failure

HOW THE BEST PARENTS  
LEARN TO LET GO SO THEIR  
CHILDREN CAN SUCCEED

Jessica Lahey



## Gaining Control Through Choices

Key to suggesting choices is you (the adult) like them both.

Giving the child the choice, empowers them.

Deposits and Withdrawals

## ROLE PLAYING 3

A: Your client swears excessively when you meet

B: Your students are excluding a classmate at lunch/recess

C: Your teen is being inappropriate on Social media

D: Your child throws her food she does not want on the floor

# 4. OFFER EMPATHY, THEN CONSEQUENCES

Empathy + Consequences = Success

Let the consequence be the "bad guy"



## ROLE PLAYING 4

A: Your client continues to wear gang colors and hang out with friends who you learn are in a gang

B: Your students continue to interrupt one another, when having a class discussion

C: Your teen steals money out of your purse/wallet

D: Your child refuses to leave the playground

# Consequences Don't Have to Be Immediate



# ROLE PLAYING 5

A: Your client is using drugs

B: Your students are not coming prepared with the proper materials for class

C: Your teen is wearing inappropriate clothes

D: Your child pulls his little sister's hair



# Closing Thoughts & Thank You



thank you soooooooooo much

# Resources Used

Cline, Foster and Fay, Jim: Parenting Teens with Love and Logic

Fay, Jim and Fay, Charles, Love and Logic Magic for Early Childhood: Practical Parenting from Birth to Six Years

